Client Assessment, Referral & Evaluation (CARE)

Everyone admitted into a long-term care facility from any type of community based living must have a CARE assessment prior to admission to evaluate health and functional abilities. Hospital personnel, NEKAAA staff or contractors perform the assessment.

National Family Caregiver Support Program (NFCSP)

NFCSP offers a range of services to support family caregivers including information about available services, assistance to caregivers in gaining access to services, respite care and supplemental services.

Senior Health Insurance Counseling for Kansans (SHICK)

Counseling, assistance and advocacy, relating to Medicare, private health insurance and related health coverage plans, is available from non-biased and trained NEKAAA staff and volunteers.

Legal Services

Kansas Legal Services is a non-profit law firm and community education organization helping low and moderate income people in Kansas.

Administrative Case Management (ACM)

This program assists consumers with the eligibility requirements for the Frail Elderly, Brain Injury, Physical Disability waivers and the Program of All-Inclusive Care for the Elderly program.

Benefits Enrollment Center (BEC)

NEKAAA is one of three Benefits Enrollment Centers in the State of Kansas. These centers help low-income Medicare beneficiaries enroll in all of the benefits they may be missing. Core benefits include:

- Medicare Part D Extra Help/Low-Income Subsidy
- Medicare Savings Programs
- Medicaid
- Supplemental Nutrition Assistance Program
- Low-Income Home Energy Assistance Program

Nutrition

NEKAAA supports a variety of meal sites and nutrition programs throughout our service area that provide congregate, home-delivered and grab-n-go meals. Eligibility and participation varies by county.

Health Promotion & Disease Prevention

NEKAAA provides a variety of evidence-based programs, health screenings and wellness related activities that promote healthy lifestyles and reduce the impacts of chronic conditions.

Northeast Kansas Area Agency on Aging 1803 Oregon Street Hiawatha, KS. 66434 785-742-7152 800-883-2549 Fax: 785-742-7154

Serving: Atchison, Brown, Doniphan, Jackson, Marshall, Nemaha, and Washington Counties.





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> 785-742-7152 800-883-2549 Fax: 785-742-7154

Email: nekaaa@nekaaa.org www.nekaaa.org

Your "Single Point of Entry" to services and resources in Northeast Kansas

Northeast Kansas Area Agency on Aging

Our Mission:

The Northeast Kansas Area Agency on Aging (NEKAAA) assists individuals in living independently in their homes and communities, maintaining their independence, quality of life and dignity, for as long as possible.

About Us:

NEKAAA is a 501(c)(3) communitybased nonprofit organization serving Atchison, Brown, Doniphan, Jackson, Marshall, Nemaha, and Washington Counties.

In 1973, NEKAAA became **one of eleven Area Agencies on Aging** in the State of Kansas mandated by the Older Americans Act to plan, develop, and provide a comprehensive system of services designed to promote independence.

As your local **Aging and Disability Resource Center,** NEKAAA operates as a visible and trusted resource where all people can turn for information, assistance, and referral.

As a 501(c)(3) nonprofit organization, all contributions made to our agency are tax deductible and used to meet the needs of individuals in our seven county service area.

Services Provided:

*Services are based on program eligibility.

Information and Assistance

NEKAAA's knowledgeable personnel provides information and assistance finding local resources to meet the needs of individuals and their families across our seven county service area.

Case Management

Case Management is the process of identifying a person's needs and locating, coordinating and monitoring services to match those needs. NEKAAA Case Managers work throughout our seven-county service area.

In-Home Services

In-home services are available to assist individuals in maintaining independence and reducing the need for long-term care facility placement so individuals can remain in the community setting of their choice. In-home services include:

- Attendant Care: assistance with bathing, dressing, mobility and medication management.
- **Homemaker:** help with light housekeeping, laundry, preparing meals, shopping and money management.
- Personal Emergency Response Services and Monitoring: a personal emergency response device can be activated if an individual has a medical or emergency need including a fall or becoming too ill to call for help.
- Home-delivered Meals: hot, nutritious, balanced meals are delivered to the home through local meal sites and Meals on Wheels America programs.



General Public Transportation

Public Transportation is offered in Brown, Atchison, Doniphan, Jackson, Marshall, Nemaha, and Washington Counties. Contact the General Public Transportation Dispatch Center to find out about your local transportation provider by calling 785-742-7153. All services are first come first serve with equal access for all passengers. Hours, rates and other information may vary.

Aging and Disability Resource Center (ADRC)

As an ADRC, we are a trusted source for information where individuals of all ages, abilities and income levels can go to obtain assistance in planning long-term services and supports. Options Counseling is available to provide unbiased information and personcentered support that is relevant to an individual's needs, preferences and goals.



Aging & Disability Resource Center 1-855-200-ADRC (2372) www.kdads.ks.gov